

Room thermostats

What is it?

A room thermostat stops your home from being overheated by controlling your boiler – so you can save money on your bills. Using a room thermostat, the boiler heats the water in a central heating system until your home reaches a set temperature.



Most room thermostats are fixed to a wall in a draught-free area, and only work when the central heating is turned on – at the boiler switch or via a timer.

you are used to you may have to wear more or warmer clothes at first, but the room will stay at a constant temperature, no matter how cold it is outside.

Keep comfortable

By turning down your room thermostat by 1°C you could save an average of £90 per year on your fuel bills. We recommend you set a room thermostat between 18 and 21°C in winter. If you set it to a much lower temperature than

Save money

Some people use a thermostat as an on/off switch for their central heating, by turning the temperature dial up or down. This can lead to needlessly high energy bills, especially if the thermostat is left on at a high setting.

Portable room thermostats

Some modern boilers have a thermostat which is portable, which you can move from room to room. If you are using a portable thermostat, the room it is in needs to have the radiator switched on full to stop the rest of your home being overheated. It also needs to be kept away from draughts and sources of heat for it to be accurate.

Smart Thermostats

If you have a smart phone, you may consider getting a smart room thermostat, which allows you to control your heating from your phone. This lets you set different temperatures for every hour of the day, every day of the week, and you can even control your heating remotely!

Sam says ...

Sam bought his portable room thermostat in 2013 and loves how easy it is to use, plus the savings on his heating bills.

"The thermostat is set to keep the room at 18°C so the boiler only comes on when it goes below this temperature.

This makes sure we're not overheating the flat and helps to keep the bills in check. "It also has several timer settings, which means we don't accidentally leave the heating on at night.

Having this level of control means we're only paying for the gas we actually need."



'This level of control means we're only paying for the gas we actually need, and helps to keep the bills in check'