

Draughts

A draught is an uncontrolled flow of cool or cold air that causes heat loss from a room or property, and wastes the energy (and money) used in trying to keep the room warm.

It is different to controlled ventilation, which helps reduce condensation and damp, by letting in fresh air when needed.

Draught-free homes are comfortable at lower temperatures – so you may be able to turn down your thermostat, saving more on your energy bills while still staying snug.



South Seeds' tips to reduce draughts in your home

- Work out where the draught is coming from – the most common sources of draughts are windows, doors, chimneys, floors, pipes, locks and loft hatches
- Windows, doors and loft hatches can be fitted with draughtproofing strips
- Fill in gaps in floorboards and around pipe work with mastic, expanding foam or sealant as appropriate
- Chimneys can be sealed using a chimney balloon, that keeps out draughts but allows air to circulate
- Other draughtproofing products include keyhole escutcheons and letterbox covers

